



THE SELF EMPOWERMENT CENTER
WWW.THESELFEMPOWERMENTCENTER.COM

1751 SOUTH NAPERVILLE RD
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How would you describe your parents' marriage?

Describe your childhood?

Describe your significant relationships?

What kind of dreams do you dream? Are there any patterns to your dreams?

What are your past and present fantasies about your marriage and your marriage partner?



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Your medical history:

What do you like about your partner?

What would you like to stay in your marriage and what needs to change?

How did you two meet?

How did you get married?



Sexual history:

How would you describe your sex life? Please circle one.

- a) **Lust:** sexual intercourse without love or sensuousness
- b) **Intimacy:** emotional intimacy: (love and emotions are present but lack of intercourse) and physical intimacy (sensuousness--physical touching and affection is present in absence of intercourse or response to intercourse.
- c) **no sex and no intimacy:** this relationship is maintained by a bond of mutual love and hate.
- d) **Good sex life.**

Describe:

Your marriage contract: did you discuss any issues before marriage. What were your conscious expectations of the marriage (which you discussed with your partner) and what were the unconscious expectations (things that you assumed-you didn't feel a need to discuss with your partner)?



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ATTRACTION:

What qualities in your mate attracted you to him/her and why?

Did your preference or expectations of each other seem reasonable to you before marriage? Do they seem reasonable now?

Do you still find those qualities important?

What aspects of your life experiences influenced your preferences of attributes of a mate, and have your life expectations since then altered your preferences
